



**MICA Canada Day Fun Race
July 1st 2016**

SAILING INSTRUCTIONS Issued June 27, 2016. These instructions may be amended

(1) AUTHORITY

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.

(2) RULES

Class 'A' and class 'B' handicap regatta races will be Governed by the 2013-2016 Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of the Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include:

BASIC PRINCIPLE – SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

(3) ELIGIBILITY

Participants in Class "A" handicap should have a valid PHRF-NS rating listed on the NSYA data base otherwise a provisional PHRF handicap will be provided by the Race Committee. Participants in the Class "B" Handicap can be centerboard craft, dinghies, multi-hulls, keel boats. Boats participating in Class "B" should have a valid PHRF-NS rating listed on the NSYA data base otherwise a provisional PHRF handicap will be provided by the Race Committee.

(4) RACING AREAS

Class A Keelboats, larger centerboard boats. The course will start in the vicinity of Indian Point and will be in and around the MICA islands named Andrews, Goat, Backman, Covey, Masons and Bella and waters of Mahone Bay.

Class B: Inshore Course – Small Keelboats, dinghies and centerboard boats. The course will start in the vicinity of Indian Point and will include at a minimum the MICA Island named Andrews but will stay closer to the islands that protect Indian Point.

(5) COURSES

Course will be set prior to 1100, and will be communicated as follows:

- a. At the skippers meeting
- b. Announced over VHF channel 73
- c. Displayed on the White Board on the Committee Boat.

(6) CHANGES TO SAILING INSTRUCTIONS

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- a. At the skippers meeting
- b. Announced over VHF channel 73
- c. Displayed on the White Board on the Committee Boat.

(7) FLEETS

3 or more boats of the same class registered by 1100 on Tuesday, July 1st will constitute a fleet. It is expected there will be Class 'A' PHRF, and a Class 'B' PHRF. Additional Classes may be added if entries warrant.

(8) CLASS FLAGS

Class Flag

A PHRF - Blue Flag

B PHRF - White Flag

(9) SCHEDULE

1000hrs Registration and Skippers Meeting at the Indian Point Fire Hall

1300hrs Racing starts in Indian Point

1700hrs Racing ends

1800hrs Potluck supper at the Indian Point Fire Hall

(10) LIABILITY INSURANCE

Each boat participating in Class “A” and “B” Island course races should be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 or the equivalent. Proof of insurance may be requested by the organizing body.

(11) STARTS

Start times are listed on the Racing Schedule

Start signals will be made from the Committee Boat.

Starts will be conducted as per Rule 26: Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Orange Flag and 3 short sounds	1 minute before starting signal
Warning	Class flag; 1 sound	5 minutes
Preparatory	P flag; 1 sound	4 minutes
One-minute	Preparatory flag removed; 1 long sound	1 minute
Starting	Class flag removed; 1 sound	0

The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.

Postponement of start: Flag AP with 2 sounds

Individual Recall: Rule 29.1 will apply Committee Boat will display flag X with 1 sound. The x flag shall remain until the boat has sailed to pre start side of line no later than 4 minutes after the starting

General Recall: Rule 29.2 will apply. The committee boat will display the 1st substitute flag with 2 sound signals. New start warning signal will be 1 minute after the 1st substitute is lowered (one sound)

(12) SAFETY REQUIREMENTS

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

(13) START AND FINISH

The starting and finishing line shall be the extension of a line through the orange flag on the Committee Boat (starboard end of line) and a yellow mark or boat with orange flag (port end of line).

A yacht must sail between the orange flag on the Committee Boat (starboard end of line) and the mark (port end of line) to be scored as starting and Finishing.

All competitors should have a working VHF radio, to monitor channel 73.

The starter may broadcast race instructions to the racing yachts on VHF channel 73 for the following:

- Course designation
- Recalls
- Shorten course
- Finishes in poor visibility

(14) USE OF VHF RADIO

All racers are encouraged to monitor VHF CH 73 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

(15) TIME LIMITS

The time limit for the lead yacht shall be three hours.

The time limit for remaining yachts shall be four hours

(16) SCORING

The low-point scoring system will apply

(17) WITHDRAWAL OR DISABLEMENT

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 73 as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

(18) PRIZES

Prizes will be given as follows:

1st place prize for corrected time for each fleet plus 2nd & 3rd prizes AND special Canada Day prizes will be awarded! Notification of winning boats and prize giving will be at the Potluck supper at the Indian Point Fire Hall

(19) DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.