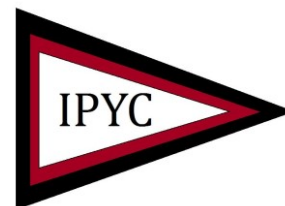


SAILING INSTRUCTIONS
“The Fowl Run” Saturday, October 10th, 2015



(1) AUTHORITY

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.

(2) RULES

Series races will be Governed by the 2013-2016 Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include

BASIC PRINCIPLE – SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

(3) ELIGIBILITY:

Sailing boats. If boats participating have a valid PHRF-NS rating listed on the Sail Nova Scotia data base or on the IPYC data base it will be used otherwise a provisional PHRF handicap will be provided by the Race Committee.

(4) RACING AREAS

The area of Mahone Bay including Indian Point, Martins River and the Islands of Mahone Bay

(5) COURSES

Courses will be communicated as follows:

- a. Announced at skippers meeting
- b. Announced over VHF channel 72
- c. Displayed on the White Board on the Committee Boat.

(6) CHANGES TO SAILING INSTRUCTIONS

Will be communicated as follows

- a. Announced over VHF channel 72
- b. Displayed on the White Board on the Committee Boat.

(7) CLASS FLAG

Blue Flag

(8) SAFETY

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

Please note that larger boats on the course may have less ability to manoeuvre than smaller boats. Please keep clear of other boats and respect the Collision Regulations.

(9) RESULTS

Prize giving and results will be at the BBQ and Potluck supper following the race at Lutwick's Boat Building and Repair in Indian Point. Prizes for 1st, 2nd and 3rd plus prizes for Fowl foolishness.....

(10) STARTS

Start time is 1330

Start signals will be made from the Tug: Miss Jenna

Starts will be conducted as per Rule 26:

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Orange Flag and 3 short sounds	1 minute before starting signal
Warning	Class flag; 1 sound	5 minutes
Preparatory	P flag; 1 sound	4 minutes
One-minute	Preparatory flag removed; 1 long sound	1 minute
Starting	Class flag removed; 1 sound	0

Postponement of start: Flag AP with 2 sounds

Individual Recall: Rule 29.1 will apply Committee Boat will display flag X with 1 sound. The x flag shall remain until the boat has sailed to pre start side of line no later than 4 minutes after the starting

General Recall: Rule 29.2 will apply. The committee boat will display the 1st substitute flag with 2 sound signals. New start warning signal will be 1 minute after the 1st substitute is lowered (one sound)

(11) START AND FINISH

The starting and finishing line shall be the extension of a line through the orange flag on the Committee Boat (starboard end of line) and a mark or boat (port end of line).

A yacht must sail between the orange flag on the Committee Boat (starboard end of line) and the mark (port end of line) to be scored as starting and Finishing.

All competitors should have a working VHF radio, to monitor channel 72.

The starter may broadcast race instructions to the racing yachts on VHF channel 72 for the following:

Course designation

Shorten course

Recalls

Finishes in poor visibility

(12) USE OF VHS RADIO

All racers are encouraged to monitor VHF CH 72 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

(13) SCORING

The low-point scoring system will apply

(14) WITHDRAWAL OR DISABLEMENT

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 72 as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

(15) LIABILITY INSURANCE Each boat participating should be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 or the equivalent. Proof of insurance may be requested by the organizing body.

(16) DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.