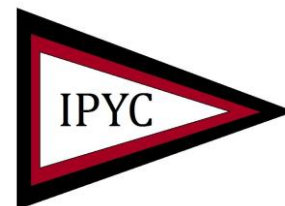


# SAILING INSTRUCTIONS

## October 8th 2016 Fowl Run



### 1. AUTHORITY

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.

### 2. RULES

Series races will be Governed by the 2013-2016 Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include

BASIC PRINCIPLE – SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

### 3. ELIGIBILITY:

Sailing boats. If boats participating have a valid PHRF-NS rating listed on the Sail Nova Scotia data base or on the IPYC data base it will be used otherwise a provisional PHRF handicap will be provided by the Race Committee.

### 4. RACING AREAS

The area of Mahone Bay including Indian Point, Martins River and the Islands of Mahone Bay

### 5. COURSES

Courses will be communicated as follows:

Announced at skippers meeting

Announced over VHF channel 73

Displayed on the White Board on the Committee Boat.

### 6. CHANGES TO SAILING INSTRUCTIONS

Will be communicated as follows

Announced over VHF channel 73

Displayed on the White Board on the Committee Boat.

### 7. CLASS FLAGS

Blue Flag Inshore Course

Red Flag Island Course

### 8. SAFETY REQUIREMENTS

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

### 9. RESULTS

Prize giving and results will be at the Reception and BBQ following the race at Lutwick's Boat Shop in Indian Point

### 10. STARTS

Start time is 1300 for Class A and 1305 for class B

Start signals will be made from the ORANGE boat the 'Seagull'

Starts will be conducted as per Rule 26:

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

<b>Signal</b>	<b>Orange Flag and 3 short sounds</b>	<b>1 minute before starting signal</b>
Warning	Class flag; 1 sound	5 minutes
Preparatory	P flag; 1 sound	4 minutes
One-minute	Preparatory flag removed; 1 long sound	1 minute
Starting	Class flag removed; 1 sound	0

#### 11. START AND FINISH

The starting and finishing line shall be the extension of a line through the orange flag on the Committee Boat and the yellow mark.

A yacht must sail between the orange flag on the Committee Boat and the yellow mark to be scored as starting and Finishing.

All competitors should have a working VHF radio, to monitor channel 73

The starter may broadcast race instructions to the racing yachts on VHF channel 73 for the following:

Course designation

Recalls

Shorten course

Finishes in poor visibility

#### 12. TIME LIMITS

All boats must have completed the course before 1700 hrs to be scored.

#### 13. USE OF VHS RADIO

All racers are encouraged to monitor VHF CH 73 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

#### 14. SCORING

The low-point scoring system will apply

#### 15. WITHDRAWAL OR DISABLEMENT

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 73 as soon as possible.

#### 16. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### 17. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

