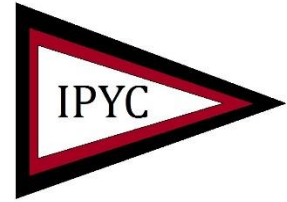


SAILING INSTRUCTIONS Saturday, July 1, 2023  
Canada Day MICA Islands race  
Amended July 1, 2023



**(1) AUTHORITY**

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.

**(2) RULES**

Series races will be Governed by the Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include

BASIC PRINCIPLE – SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

**(3) ELIGIBILITY:**

Keel Boats participating in should have a valid PHRF-NS rating listed on the NSYA data base otherwise a provisional PHRF handicap will be provided by the Race Committee.

**(4) RACING AREAS**

The area of Indian Point, Mahone Island Conservation Association Islands, Lunenburg Yacht Club

**(5) COURSES: Class A Course Appendix A**

**Class B Course Appendix B**

**Class C Course Appendix C**

**Pursuit Start times Appendix D**

**(6) CHANGES TO SAILING INSTRUCTIONS**

Will be communicated as follows

- a. Announced over VHF channel 72

**(7) CLASS FLAGS**

Class A: Red Flag

Class B: Blue Flag

Class C: Yellow Flag

**(8) PURSUIT STARTS**

**THE START: The Committee Boat will be on Mike Kelley's wharf in Indian Point**

**8.1 This event will use "pursuit" style races and timed starts. Each boat will be assigned a unique starting time based on its handicap rating. (GPS time will be used (the time on your cell phone))**

**Start times will be emailed to competitors and will be available from the Committee Boat**

**8.2** The first Boat(s) in each class will be started as per Rule 26 with a 5-minute warning

Start signals will be made from the Committee Boat

**8.3** Each subsequent start will be given a one minute warning by Radio channel 72 and the start will be with a sound signal from the committee boat

**8.4** If a boat is over early, the individual recall flag will be flown and an attempt will be made to contact the boat. The over early boat should return to the start side of the line and start again. No other signals will be made.

**(9) SCHEDULE OF RACES**

**All classes will receive their start times in advance by email. It is expected that the first boat will start at 1300hrs. Start times will also be posted prior to 11AM Saturday July 1 at**

**[www.indianpointyachtclub.ca](http://www.indianpointyachtclub.ca)**

## **(10) START AND FINISH**

### **10.1 START**

The starting and finishing line shall be the extension of a line through the orange flag on the Wharf and a Yellow inflatable mark. A yacht must sail between the orange flag on the Committee Boat and the Yellow inflatable to be scored as starting

### **10.2 FINISH**

**At Lunenburg Yacht Club the finish line is the extension of a line from the orange signal mast adjacent to the SW corner of the LYC property and the inner of two yellow buoys marking the finish/start line. A yacht must sail between the two yellow buoys to be scored as finished**

## **(11) TIME LIMIT**

**11.1 If no boats in Class B or Class A or Class C have finished before 1700hrs then that class race is abandoned**

**11.2 Boats failing to finish within 30 minutes after the first boat in its class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5. (11)**

## **(12) COMMUNICATIONS**

**12.1** All competitors should have a working VHF radio, to monitor channel 72

**12.2** The starter WILL broadcast race START TIMES to the racing yachts on VHF channel 72 AND MAY BROADCAST for the following:

Course designation

Recalls

Shorten course

Finishes in poor visibility

## **(13) USE OF VHF RADIO**

All racers are encouraged to monitor VHF CH 72 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **(14) SCORING**

The first boat in each class is the winner of that class.

## **(15) WITHDRAWEL OR DISABLEMENT**

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 72 as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

## **(16) RESULTS**

Results will be posted as soon as possible after the finish of all races. Mahone Island Conservation Association Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>

## **(17) SAFETY REQUIREMENTS**

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

## **(18) LIABILITY INSURANCE**

Each boat participating in Class "A" and "B" Island course races should be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 or the equivalent. Proof of insurance may be requested by the organizing body.

**(19) DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. All competitors must follow the Nova Scotia guidelines for COVID 19 gatherings.