# SAILING INSTRUCTIONS Saturday September 2, 2023 Martins River Invitational

#### (1) AUTHORITY

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.



# (2) RULES

Series races will be Governed by the Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include

BASIC PRINCIPLE - SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

#### (3) ELIGIBILITY:

Keel Boats participating in should have a valid PHRF-NS rating listed on the NSYA data base otherwise a provisional PHRF handicap will be provided by the Race Committee.

#### (4) RACING AREAS

The area of Martins River, Indian Point and the Islands and Navigational Marks of Mahone Bay

(5) COURSES: Class A Course

Class B Course Class C Course Pursuit Start times

#### (6) CHANGES TO SAILING INSTRUCTIONS

Will be communicated as follows

a. Announced over VHF channel 72

#### (7) CLASS FLAGS

Class Flag is Red for all classes

#### (8) PURSUIT STARTS

THE START: The Committee Boat will be close to the entrance of Martins River

- 8.1 This event will use "pursuit" style races and timed starts. Each boat will be assigned a unique starting time based on its handicap rating. (GPS time will be used (the time on your cell phone)) Start times will be emailed to competitors and will be available from the Committee Boat
- **8.2** The first Boat in Class C (the first boat to start) will be started as per Rule 26 with a 5-minute warning Start signals will be made from the Committee Boat
- **8.3** Each subsequent start will be given a one minute warning by Radio channel 72 and the start will be with a sound signal from the committee boat
- 8.4 If a boat is over early, the individual recall flag will be flown and an attempt will be made to contact the boat. The over early boat should return to the start side of the line and start again. No other signals will be made.

#### (9) SCHEDULE OF RACES

All classes will receive their start times in advance by email. It is expected that the first boat will start at 1300hrs. Start times will also be posted prior to 11AM Saturday September 3 at www.indianpointyachtclub.ca

#### (10) START AND FINISH

#### **10.1 START**

The starting line shall be the extension of a line through the orange flag on the Committee Boat and a Yellow inflatable mark. A yacht must sail between the orange flag on the Committee Boat and the Yellow inflatable to be scored as starting

10.2 FINISH

The finish line shall be the extension of a line through the orange flag on the Committee Boat and a Yellow inflatable mark. A yacht must sail between the orange flag on the Committee Boat and the Yellow inflatable to be scored as finishing

#### (11) TIME LIMIT

# 11.1 If no boats in Class B or Class A or Class C have finished before 1700hrs then that class race is abandoned

# (12) COMMUNICATIONS

**12.1** All competitors should have a working VHF radio, to monitor channel 72

**12.2** The starter WILL broadcast race START TIMES to the racing yachts on VHF channel 72 AND MAY BROADCAST for the following:

Course designation

Recalls

Shorten course

Finishes in poor visibility

# (13) USE OF VHF RADIO

All racers are encouraged to monitor VHF CH 72 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

# (14) SCORING

The first boat in each class is the winner of that class.

#### (15) WITHDRAWEL OR DISABLEMENT

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 72 as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

# (16) RESULTS

Results will be posted as soon as possible after the finish of all races. Prizes in each class for 1,2 3

# (17) SAFETY REQUIREMENTS

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

# (18) LIABILITY INSURANCE

Each boat participating in Class "A" and "B" Island course races should be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 or the equivalent. Proof of insurance may be requested by the organizing body.

#### (19) DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.