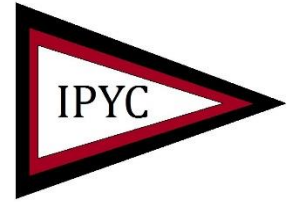


SAILING INSTRUCTIONS

2024 Fowl Run



(1) AUTHORITY

These Sailing Instructions are issued by the Race Committee of the Indian Point Yacht Club.

(2) RULES

Series races will be Governed by the Racing Rules of Sailing (RRS) the prescriptions of Sail Canada the prescriptions of Sail Nova Scotia and the rules of the classes racing as one design fleets (if any).

Additional rules to guide the contestants (printed in the RRS book) include

BASIC PRINCIPLE – SPORTSMANSHIP AND THE RULES (in the Introduction)

Part I Fundamental Rules Section 1 (Safety)

Part I Fundamental Rules Section 2 (Fair Sailing)

Part I Fundamental Rules Section 4 (Decision to Race)

(3) ELIGIBILITY:

Members of the Indian Point Yacht Club and crews. Keel Boats participating in should have a valid PHRF-NS rating listed on the NSYA data base otherwise a provisional PHRF handicap will be provided by the Race Committee. Dinghies will be handicapped using the Portsmouth Yardstick ratings

(4) RACING AREAS

The area of Indian Point and Martins River

(5) COURSES

Course will be communicated as follows:

- a. At the skippers meeting at 10:30AM Oct 12
- b. Announced over VHF channel 72

(6) CHANGES TO SAILING INSTRUCTIONS

Will be communicated as follows

- a. Announced over VHF channel 72

(7) CLASS FLAGS

Keel Boats A: Red Flag

Small boats B: Blue Flag

(8) LIABILITY INSURANCE

Each boat participating in Class "A" and "B" Island course races should be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 or the equivalent. Proof of insurance may be requested by the organizing body.

(9) STARTS

Start time in at 1300 with firts signal 6 minutes beforehand

Start signals will be made from the Committee Wharf

Starts will be conducted as per Rule 26:

Races shall be started by using the following signals. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

Signal	Orange Flag with 3 short Sounds	1 Minute before Warning Signal
Warning	Class Flag: 1 sound	5 Minutes
Preparatory	P flag 1 sound	4 Minutes
One-minute	P flag removed: 1 long sound	1 Minute
Starting	Class Flag Removed; 1 sound	0

Next Start: The start of the previous class will be the one-minute signal before the 5minute warning of the next class.

Postponement of start: Flag AP with 2 sounds

Individual Recall: Rule 29.1 will apply Committee Boat will display flag X with 1 sound. The x flag shall remain

until the boat has sailed to pre start side of line no later than 4 minutes after the starting

General Recall: Rule 29.2 will apply. The committee boat will display the 1st substitute flag with 2 sounds signals. New start warning signal will be 1 minute after the 1st substitute is lowered (one sound)

(10) SAFETY REQUIREMENTS

All yachts competing should comply with the safety requirements listed in the Canadian Safe Boating Guide.

(11) START AND FINISH

The starting and finishing line shall be the extension of a line through the orange flag on the Mailman & Kelley Wharf in Indian Point (Committee Wharf) and a yellow mark or boat displaying an orange flag
A yacht must sail between the orange flag on the Committee Wharf and the mark to be scored as Starting and Finishing.

All competitors should have a working VHF radio, to monitor channel 72

The starter may broadcast race instructions to the racing yachts on VHF channel 72 for the following:

Course designation

Recalls

Shorten course

Finishes in poor visibility

(12) USE OF VHF RADIO

All racers are encouraged to monitor VHF CH 72 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

(13) SCORING

The low-point scoring system will apply.

(14) WITHDRAWEL OR DISABLEMENT

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the Race Committee either in person, by telephone or radio on VHF Channel 72 as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

(15) RESULTS

Results will be posted as soon as possible after the finish of the race/series

(17) DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.